te Maroro Restaurant

Salted Caramel Creme Brûlée

Caramel Crème Brulée

Ingredients:

- Cream 500ml
- Sugar 75gm
- 7 Yolks
- Caramel sauce 300gm

Method:

- ✓ Mix the Cream, sugar and yolks together
- ✓ Warm the milk and add the yolk mix.
- ✓ Cook it on the double boiler till thick
- ✓ Add the caramel sauce and bake in desired moulds at 160 c for 30mins in a water bath. Cover the bath.

Walnut crunch

Ingredients:

- Walnut broken 100gm
- Castor sugar 50gm
- Panko bread crumbs 60gm
- 1 egg white

Method:

✓ Mix all the ingredients together and bake till crisp.

Caramel sauce

Ingredients:

- Butter 80gm
- Sugar 200gm
- Cream 300gm

Method:

- ✓ Caramelize sugar and mix in the butter
- ✓ Once the butter is mixed, whisk in the cream carefully

Brandied banana

Ingredients:

- 4 Bananas
- Sugar 100gm
- Butter 30gm
- Brandy 45ml

Method:

- ✓ Cut the banana as desired
- ✓ Add caramel in the butter followed by the banana Flambé it with the brandy and cool. Enjoy!!